

GREENE COUNTY

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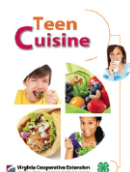
Available Curricula

Preschool: Literacy, Eating, & Activity for Preschoolers (LEAP)



Grades K-2: The Organ Wise Guys

Grades 3-7: Choose Health



Grades 8-12: Teen Cuisine

Virginia Cooperative Extension Family Nutrition Program

The VCE Family Nutrition Program (FNP) helps limited income children and families acquire the knowledge and skills necessary to practice a healthier lifestyle. FNP staff and trained volunteers support schools with 50% or more students eligible for free and reduced meals. In qualifying schools, they teach participants the skills to make healthy choices, prepare nutritious snacks, and become more active for optimal health. FNP is also committed to encouraging healthy lifestyle changes through partnerships with School Health Advisory Boards, Health Coalitions, and other community organizations by facilitating policy, systems, and environmental changes that promote access to affordable, nutritious foods and physical activities.



Eat Smart • Move More
Virginia Cooperative Extension • Family Nutrition Program
www.eatsmartmovemoreva.org

Greene VCE

10013 Spotswood Trail
Standardsville, VA 22973

Hours: 8am - 5pm
Monday - Friday

Main Office: 434-985-5236
www.greene.ext.vt.edu

Buy Fresh Buy Local at Farmers Markets

Farmers markets throughout Virginia accept SNAP/EBT. Some even match dollars spent at the market. Visit <http://blogs.ext.vt.edu/eatsmart-movemore/virginia-farmers-markets-accepting-snap/> for a map and list of participating markets.



Eat Smart Move More: Garden Fresh Food



- Start small with herbs or salad greens
- Get the whole family involved in the planting and growing process
- Patio gardening is great for small spaces: try tomatoes, cucumbers, greens, and potatoes
- Gardening counts as physical activity!

@MorganMartindellVaFNP

@VaFamilyNutrition

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